

Education

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| Master of Science in Counseling: Marriage and Family Therapy San Diego State University, San Diego, California | <i>May 2007</i> |
| Master of Arts in Education and Multicultural Counseling San Diego State University, San Diego, California | <i>May 2005</i> |
| Master of Arts in Higher Education: Student Development and Counseling University of Denver, Denver, Colorado | <i>May 2001</i> |
| Bachelor of Arts, Psychology College of Notre Dame of Maryland, Baltimore, Maryland | <i>May 1998</i> |

Experience

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| <i>Mental Health Therapist, Alliance of AIDS services-Carolina</i> Raleigh, North Carolina | <i>December 2007-Current</i> |
| <ul style="list-style-type: none">• Provide family, couple, and individual therapy to individuals living with or those impacted by HIV/AIDS• Created all protocols and processes for agency's mental health program• Facilitate agency's mandatory diversity training for employees and volunteers• Collaborate with community agencies to provide holistic care to clients• Attend and participate in multidisciplinary treatment team meetings• Plan and implement HIV/AIDS related support groups | |
| <i>Counseling Trainee, Center for Community Solutions</i> San Diego, California | <i>May 2006- May 2007</i> |
| <ul style="list-style-type: none">• Provided family, couple, and individual therapy to a diverse population with an emphasis on issues related to, but not limited to: post-traumatic stress disorder, domestic violence, and sexual assault• Provided case management• Conducted intakes and provided referrals• Completed assessments and evaluations• Planned and facilitated support groups for domestic violence and survivors of rape• Completed 56 hours of crisis intervention training | |
| <i>Retention Counselor- Student Support Services (TRIO)</i> <i>Cal State San Marcos Foundation</i> San Marcos, California | <i>August 2005-January 2007</i> |
| The foundation is a nonprofit, auxiliary organization that advances the purposes and goals and meets the evolving needs of the University. | |
| <ul style="list-style-type: none">• Counseled first generation, low-income and/or students with disabilities• Assisted in various retention efforts such as coordinating a workshop series• Managed a caseload of over 200 students• Developed and implemented cultural and social justice programs | |
| <i>Counseling Trainee, Center for Community Counseling</i> San Diego State University, San Diego, California | <i>August 2005--May 2006</i> |
| <ul style="list-style-type: none">• Provided individual and family therapy• Consultation and collaboration with supervisors and colleagues to develop treatment plans• Completed progress notes | |
| <i>Counseling Trainee, Center for Community Counseling</i> San Diego State University, San Diego, California | <i>August 2004-May 2005</i> |
| <ul style="list-style-type: none">• Provided individual therapy• Consultation and collaboration with supervisors and colleagues to develop treatment plans• Conducted administrative tasks including progress notes, treatment plans, case management• Examined and challenged personal multicultural competency skills• Engaged in self-of-the-therapist work | |

***Residence Hall Director, University of Colorado at Boulder
Boulder, Colorado***

July 2001-July 2004

The University of Colorado at Boulder is a large public institution

- Counseled Students on various issues such as domestic violence, AOD, eating disorders, identity, depression and anxiety
- Supervised a Residence Hall staff consisting of over 20 employees
- Served as a Judicial Officer
- Advised Campus Alcohol Resource Educators
- Advised hall Diversity Program
- Supervised hall front office operations
- Monitored the occupancy and the building housekeeping and maintenance
- Participated in professional on-duty pager rotation for crisis situations

***Graduate Hall Director, University of Denver
Denver, Colorado***

August 1999-June 2001

The University of Denver is a medium-sized Private University

- Counseled Students on various issues such as AOD, eating disorders, domestic violence, identity, depression and anxiety
- Supervised a Residence Hall staff of over 15 employees
- Monitored the occupancy and building maintenance
- Served as a Judicial Officer
- Participated in professional on-duty rotation for crisis situations
- Coordinated building programming

***Admissions Counselor, Baltimore International College
Baltimore, Maryland***

August 1998-July 1999

Baltimore International College is a small private Culinary College, which grants Associate and Bachelor degrees in culinary arts and business management

- Guided students through all stages of the admissions process
- Served as a resource for current and prospective students
- Conducted tours, interviews, and lead informational sessions about Baltimore International College
- Completed and maintained all necessary paperwork/computer work for student files

Volunteer Experience

House of Ruth, Baltimore, Maryland

July 1998-July 1999

Domestic Violence Shelter for Women and Children

Mama's Kitchen, San Diego, CA

August 2004-January 2007

Meal delivery service for home bound people living with HIV/AIDS

Relevant Professional Training

- Crisis Intervention
- Motivational Interviewing
- Multicultural Counseling
- Post Traumatic Stress Disorder
- Child Abuse
- Sexual Health
- HIV/AIDS
- Mindfulness
- Sexual Assault
- Domestic Violence
- Dual Diagnosis
- Grief and Loss
- Social Justice

Associations

- American Association of Marriage and Family Therapists (AAMFT)
- Commission on Accreditation for Marriage and Family Therapy Education (COAMFT)

Computer Skills

- Microsoft Office Applications: Outlook, Word, Access, PowerPoint, Excel; SPSS

References Furnished Upon Request